

Rubric for Nutrition Analysis Paper (75pts)

	15	10	5	0
Evaluation of Diet	Student recalls several details of evaluation from their My Diet Analysis Log.	Student recalls only 2 details of evaluation from their My Diet Analysis Log.	Student recalls only 1 detail of evaluation from their My Diet Analysis Log.	Student did not identify any details from their My Diet Analysis Log.
Relates Nutritional Info	Student accurately explains how each nutrient identified is related to a healthy diet, and accurately applies information learned from their text to their diet analysis.	Student explains how some of the identified nutrients, explanation or relation to a healthy diet is weak.	Student identifies nutritional information from their analysis, and misinterprets the information when relating to the text.	Student has difficulty relating nutritional analysis to text.
Identifies Risks	Student accurately identifies risks associated with their diet and give a clear explanation of the risks.	Student accurately identifies risks associated with their diet and gives a reasonable explanation of risks.	Student locates risks associated with their diet. Explanation is weak.	Student has difficulty locating risks associated with their diet.
Improvements in Diet	Student uses several sentences to clearly describe ideas and modifications to diet to improve health, including explanations of improvements.	Student uses only 1-3 sentences and lists minimal dietary improvements and provides a weak explanation of dietary improvements.	Student lists minimal dietary changes without explanation of health benefits of dietary improvements.	Student does not include dietary improvements.
Citations & References	Student clearly cites at least 2 scholarly references throughout paper. A citation page listing at least 2 scholarly citations used is attached.	Student clearly cites 1 scholarly reference throughout paper. A citation page listing the scholarly citation is attached.	Student does not cite references throughout paper. A citation page listing references is attached.	Student does not use any scholarly citations.

*Text= information learned in class, can be from powerpoints, the textbook, or an scholarly reference used in paper

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